

## NHS Health Check Research Sandpit Event

Wednesday 6th March 2024

The Penthouse, Collingwood College Durham University, South Road, Durham DH1 3LT

### Programme

9:00am	<b>Tea/ Coffee and registration</b>
9:30am	<b>Welcome and introductions.</b>  Jim Brown, Consultant in Public Health, Northumberland County Council
9:45am	<b>NHS Health Checks: Rapid Review Update.</b>  Dr Louise Tanner and Dr Ryan Kenny (Newcastle University/NIHR Innovation Observatory)
10:00am	<b>NHS Health Check national overview</b> Julie Daneshyar NHS Health Check program lead for Northeast Office for Health Improvement and Disparities.
10:15am	<p><b>Table discussions (part 1)</b></p> <div style="display: flex; align-items: flex-start;"> <div style="margin-right: 20px;">  <p style="font-size: small;">Six Thinking Hats</p> </div> <div> <p><a href="#">Thinking Hats</a> exercises (yellow, purple, white, green hats) on four themes identified from the pre-survey:</p> <ul style="list-style-type: none"> <li>• Table 1: Facilitator Julie Daneshyar</li> <li>• Table 2: Facilitator Jim Brown</li> <li>• Table 3: Facilitator Behnam Khazaeli</li> <li>• Table 4: Facilitator Lucy Chapman</li> </ul> </div> </div> <p>(5 minutes per hat, 20-30 minutes per theme/ table)</p>
11:00am	<b>Tea/coffee break and networking</b>
11:15am	<b>North East North Cumbria CVD Prevention Network/ICB Programme</b>  Jack Lyon, Project Delivery Lead (CVD Prevention), North East North Cumbria ICB
11:30am	<b>Table discussions (part 2)</b> Developing a research proposal based on the identified priorities (green thinking hat) by completing the template at each table.
12:15pm	<b>Feedback</b> Each table feedback their idea (3 minutes max.) for a collaborative research proposal to be submitted to the other tables.
12:45pm	<b>Summary</b> Jim Brown, Consultant in Public Health, Northumberland County Council
1:00pm	<b>Close of event</b>